



Welcome to CLSA Clubs & Drop-In Activities

Central Lions Seniors Association supports a number of different clubs which members can join. Clubs provide an opportunity to get together on a regular basis in a fun and relaxed atmosphere, with others who share similar interests. No formal instruction.

You must be a current member of CLSA to join a club.

Club user fees are set according to the number of sessions/meetings a club holds per week. In general, fees are \$1 per visit, with a visit defined as a morning or afternoon (up to 3 hours). Club fees are payable each season to CLSA. The \$1/visit fee ensures:

- Space for club activities is available.
- Participants contribute towards their own cost of participation
- All seniors contribute equally, and that there is fee equity between our Centre and other Senior Centres.
- CLSA can assist to provide quality, updated equipment and facilities.

Most clubs have additional **club dues** to help defray the cost of their specific activity – ie. new equipment, supplies etc. These fees **are collected by each club directly**. For more information please contact the club coordinators or drop-in on club days.

Activity drop-in fees are payable at front desk.

Club	Monday		Tuesday		Wednesday		Thursday		Friday	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Art Studio Time			*							
Badminton		*				*				
Bridge – Centennial						*				
Bridge – Contract				*						
Bridge - Practice		*								
Cribbage								*		
Drama										
Edm. School Boys Alumni Band							*			
Edmonton Swing Band	*									
Golden Girls 55+ *		*								
Golf										
Heritage Scrapbooking Club							*			
Hugh Erskine Big Band						*				
Jammin' for Fun & Friendship!						*				
Joy of Writing			*							
Knit & Crochet for Fun					*					
Lawn Bowling				*				*		*
Lapidary Arts **			*	*						
Lions Seniors Big Band				*						
Mah Jong		*								
Scrabble		*								
Seniors Investing ***						*				
Shuffleboard								*		
Snooker	*	*	*	*	*	*			*	*
Stained Glass							*			
Table Tennis	*				*				*	
Whist						*				
Woodworking	*				*				*	
Young at Heart Band		*								

* 1st Monday of the Month

** Tuesday evenings 7 - 9 pm

*** 1st and 3rd Wednesday of the Month

ART STUDIO TIME

Mondays, 9 am - 12 pm

\$1 drop-in fee

An opportunity to finish those unfinished works of Art.

BADMINTON CLUB

Monday & Wednesday, April 1 - June 24

1 - 4 pm

Fee: Mon./ Wed. \$24, Mon. \$11/ Wed. \$13

Co-coordinator: John Victor

Need a little practice? Come and join us!

BRIDGE - CENTENNIAL

Wednesdays, 12 - 3 pm

Fee: \$4 per/week

Coordinator: Mel Jackson

Knowledge of bridge play is required.

For more info. call Mel @ 780-473-0185.

BRIDGE - CONTRACT

Tuesdays, Mar. - June, 12:30 - 3:30 pm

\$1 drop-in fee

Fun, social, casual bridge play.

For more info. call Elsie @ 780-454-0525

BRIDGE - PRACTICE

Mondays, 1 - 4 pm

\$1 drop-in fee

Need a little practice trying different hands of play? Come and join us!

CRIBBAGE

Thursdays, 1 - 3 pm

\$1 drop-in fee

Join us for a game or two.

DRAMA CLUB

Fridays, 12:30 - 2:30 pm starting April 24th

\$1 drop-in fee

Wanting to laugh and have fun! Then this club is for you! Stretch your comfort zone and have fun on stage as we improvise and act out skits, scenes, even Murder Mysteries!

No experience required. Lots of chuckles guaranteed. For more information contact Doug Gillett @ 780-466-9586.

EDMONTON SCHOOL BOYS ALUMNI BAND

Thurs., Jan. 6 - June 11, 9 am - 12 pm

Fee: \$21 + band fee

Auditions are required. Great music!

Contact Armand @780 432-7914.

EDMONTON SWING BAND

Mon., Jan. 12 - Jun. 22, 9 am - 12 pm

Fee: \$21

Big band music and more.

Contact Aidan @780 269-9238.

GOLDEN GIRLS 55+

1st Monday of the Month, 11:30 am

\$1 drop-in fee

This is a club for Women Only, who are looking for friendship & companionship.

We invite you to join us in a variety of activities and trips. lowen 780-487-3784.

GOLF CLUB

Tuesdays, 7:30 - 9:30 am

Fee: \$8 + weekly golf costs.

General Meeting: April 21, 10 am

"Tee off" every Tues. morning at Terrae

Pines Golf Course. For more information

contact Larry @ 780-454-4917

HERITAGE SCRAPBOOKING CLUB

Thursdays, 9:15 am – 12:15 pm

\$1 drop-in fee

The focus of this club is to complete keepsake

memory albums – traditional or digital.

Bring your photos and/or laptop. Instruction

and tool table available. For more info.

contact Diane Marshall @ 780-466-0834.

HUGH ERSKINE BIG BAND

Wed., Mar. 25 - May 27, 1 - 4 pm

Fee: \$10

Big band music played. Must be able to read music. New members welcome. Contact

Leith @ 780 929-7359

JAMMIN', FOR FUN & FRIENDSHIP!

Will start up again in September. Stay tuned!
\$1 drop-in fee

Drop in & jam with fellow seniors. Bring an acoustic instrument, your singing voice and have fun creating music. *Note: This jam can not accommodate amplifiers.* If you are interested in hosting this drop-in, please leave your name at the front reception desk for Carol.

JOY OF WRITING CLUB

Tuesdays, Apr. 7 - June 30

10:30 am - 12:30 pm

Fee: \$13

The goal of this group is to nurture, challenge and develop individual writing skills in a friendly and supportive environment. Come share ideas and explore your creativity.

KNIT & CROCHET FOR FUN

Wednesdays, 10 am - 12 noon

Returns Sept. 16 - Dec. 16,

Fee:\$13

Share your knitting and crocheting talent, learn new techniques, and hear a tale or two at the meetings of this fun, social group.

LAWN BOWLING

Tues., Thurs. & Fri., 12:30 – 3:30 pm

Last day Apr. 28 return Oct. 1 - Dec. 31

Fees: 3x /a week \$39, 2x /a week \$26 ,
1x /a week \$14

New members welcome! No experience needed. Meet new friends and have fun!

LAPIDARY ARTS

Tues., 9 am - 4 pm or 7 - 9 pm

Jan. 6 - June 30

3 hrs. \$27 or 6 hrs. \$54

Fee:\$1 per 3 hr visit

Lapidary is the art of cutting, shaping and polishing rocks and fine gem stones. Learn basic techniques from club members.

LIONS SENIORS BIG BAND

Tues., Apr. 7 - Jun. 9, 1 - 3 pm

Fee: \$10

Remember the styling of those great Big Bands for dancing in the 30's, 40's & 50's? Well we have one right here! For more info. call Aidan @780 460-9238.

MAH JONG

Mondays, 1 – 3 pm

\$1 drop-in fee

Join this drop in group for a game of Mah Jong and socializing. No experience required guidance & instruction available from activity members.

PICKLEBALL Drop-in

Thursdays, March 5 - May 28, 10 - 12 pm

\$1 drop-in fee

Discover this new sport. A combination of Badminton & Tennis. Join the fun.

SCRABBLE

Mondays, 12:30 pm

\$1 drop-in fee

Drop-by and put your brain to work - in this fun, social game.

Coordinator: Denise @780 455-1494

SENIORS INVESTING CLUB

1st & 3rd Wednesday

Jan. 21 - Jun. 17, 1:30 - 3:30 pm

Fee: \$11

Discover how your investment can earn income. Save your money by not paying commissions, fees and charges.

SHUFFLEBOARD CLUB

Thursdays, April 1 - June 25, 1 – 4 pm

Fee: \$10

Join us for an afternoon of fun and exercise. Beginners are welcome.

SNOOKER CLUB

Mon., Tues., Wed., & Fri. 8:30 am- 4:30 pm

Fee: \$2 drop-in, \$12 a month, \$50 a year

Join this drop in group for a game of pool or snooker. Everyone welcome!

STAINED GLASS CLUB

Thursdays, 9 am - 1 pm

Apr. 2 – May 14

Group returns Sept. 10 - Dec. 18

Fee: \$8

This group meets to share ideas & assist with projects. It's fun! It's beautiful!

Come and enjoy!

TABLE TENNIS CLUB

Mon., Wed., & Fri., May 1 - Aug. 31,

8:30 am – 12 noon

3x/ a wk \$48, 2x/ a wk \$32, 1x/ a wk \$16

Join the fastest growing sport in the City.

Meet new friends. Have fun while getting fit.

WHIST

Wednesdays, 1 – 3 pm

\$1 drop-in fee

Join us for an afternoon card game of socializing and bidding.

WOODWORKING CLUB

Mon., Wed., & Fri., 9 am - 12 pm

\$1 drop-in fee

The use of the woodworking shop is project directed. Members must bring own supplies.

No formal instruction. Two people required at all times.

“YOUNG AT HEART” BAND

Mon., Apr. 27 - June 29, 1 - 3 pm

Fee: \$8

Just for fun and fellowship. Music group plays songs from the past eras. Beginners welcome! Must read music. Contact Lillian @ 447-3467 or Ted @ 780-479-3677